



2023 Resource Guide



LION AMBASSADORS
PENN STATE STUDENT ALUMNI CORPS



PennState
Alumni Association

WE ARE... Ready to get a jump start in our Penn State Journey! Lion Ambassadors have created this packet which will act as a guide that will help you learn about some of the various resources that are offered at Penn State as well as learn about some student organizations and clubs!

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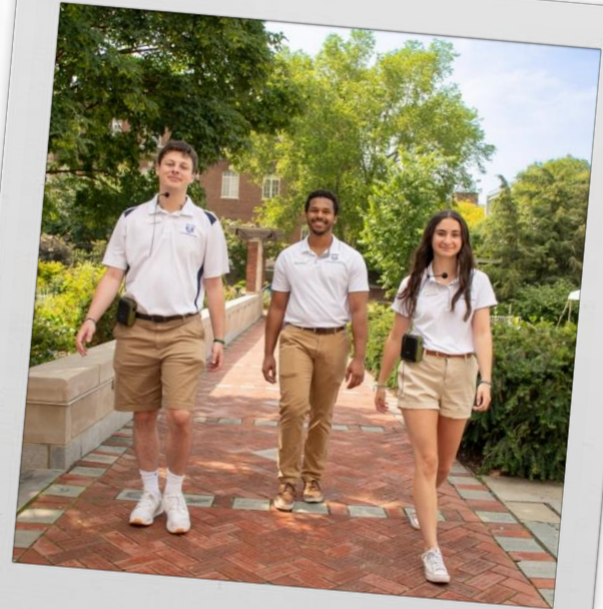
LION AMBASSADORS

PENN STATE STUDENT ALUMNI CORPS

We aim to communicate Penn State's history & personality, strengthen University traditions, and instill Penn State pride in current and future students, alumni, and friends. We strive to foster the idea that involvement with Penn State is a lifelong commitment.

Mark Your Calendar!

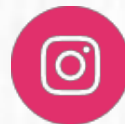
- Campus Showcase 9/13
- Haunted Valley 9/29
- Guard The Lion Shrine 10/31



- Private tours for prospective and accepted students, alumni and friends, and other groups
- Partner with the Alumni Association to host events and programming
- Organize campus wide events like Be A Part From the Start, S-Zone, Campus Showcase, Haunted Valley, Guard the Lion Shrine, and Old Main Open House
- Participate in Service events, DEI training, and professionalism events to develop into a well-rounded leader!



For more information visit
lionambassadors.com



[@lionambassadors](https://twitter.com/lionambassadors)

College of Arts and Architecture

School of Music

The School of Music offers a range of undergraduate and graduate degrees, as well as myriad performance opportunities, that prepare students for careers as performers, teachers, and scholars. The School of Music offers a range of undergraduate and graduate degrees, as well as myriad performance opportunities, that prepare students for careers as performers, teachers, and scholars.

2 events: Band-o-Rama and President's Concert

Location/ space: Music Building I and II

Facebook: PSUMusic,
Twitter: PSUMusicalSchool,
Instagram: pennstatemusic

School of Theatre

Penn State Centre Stage is the professional arm of the Penn State School of Theatre and serves as a training program for emerging theatre professionals. One of its unique attributes is that it creates collaborations between established industry professionals and theatre students from Penn State and other colleges and universities. Each Centre Stage production is created from conception to completion at Penn State using skills mastered and taught by its acclaimed theatre faculty. As a result, Penn State is one of the top ranked universities in the country for its theatre training programs.

What spaces/locations can students usually find your organization?: Playhouse, Pavilion, Downtown Theatre

Facebook: pennstatecentrestage
Facebook: pennstatesot
Twitter: psutheatre
Instagram: psutheatre

Center for Performing Arts: Eisenhower Auditorium

The Center for the Performing Arts at Penn State presents professional artists from around the world. Most performances take place in Eisenhower Auditorium. The center welcomes touring Broadway productions, classical and jazz musicians, contemporary circus shows, modern and classical dance companies, international music artists, family productions and more. Tickets are discounted for University Park students. Group discounts are available.

What spaces/locations can students usually find your organization?:
cpa.psu.edu has info about the programs and general info about the building.

Instagram and Twitter: @psupresents
Facebook: pscpa
Or visit www.cpa.psu.edu



Your Guide To Arts and Entertainment



Student Organizations

Performing Arts Council

The Penn State Student Performing Arts Council (PAC), started as a group of students who wanted to break down the walls between performing arts organizations and promote cooperation and collaboration to further the mission of each individual organization and of performing arts in general at Penn State.

What spaces/locations can students usually find your organization?: Schwab Auditorium and Hub

Instagram: pennstatepac
Website: www.psuperformingartscouncil.com
Facebook: PSU Performing Arts Council
Linkedin: Penn State Performing Arts Council
YouTube: Penn State Performing Arts Council
Twitter: @PennStatePAC

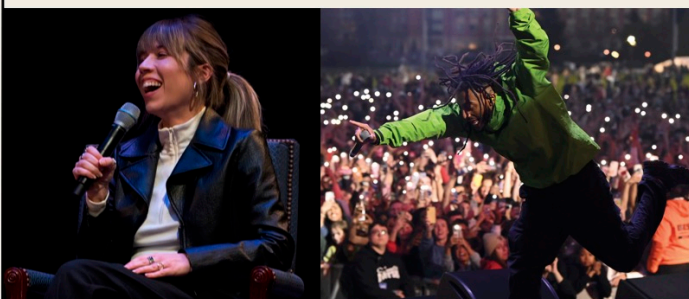


Student Programming Association

The Student Programming Association (SPA) exists to serve the student body by providing diverse activities, programming assistance and resources, which enhance a student's overall co-curricular experience. SPA events that you can expect to see include: Concerts, lectures, special events, noontime, and more!

What spaces/locations can students usually find your organization?: Hub 226

Find us at @psuspa on all platforms

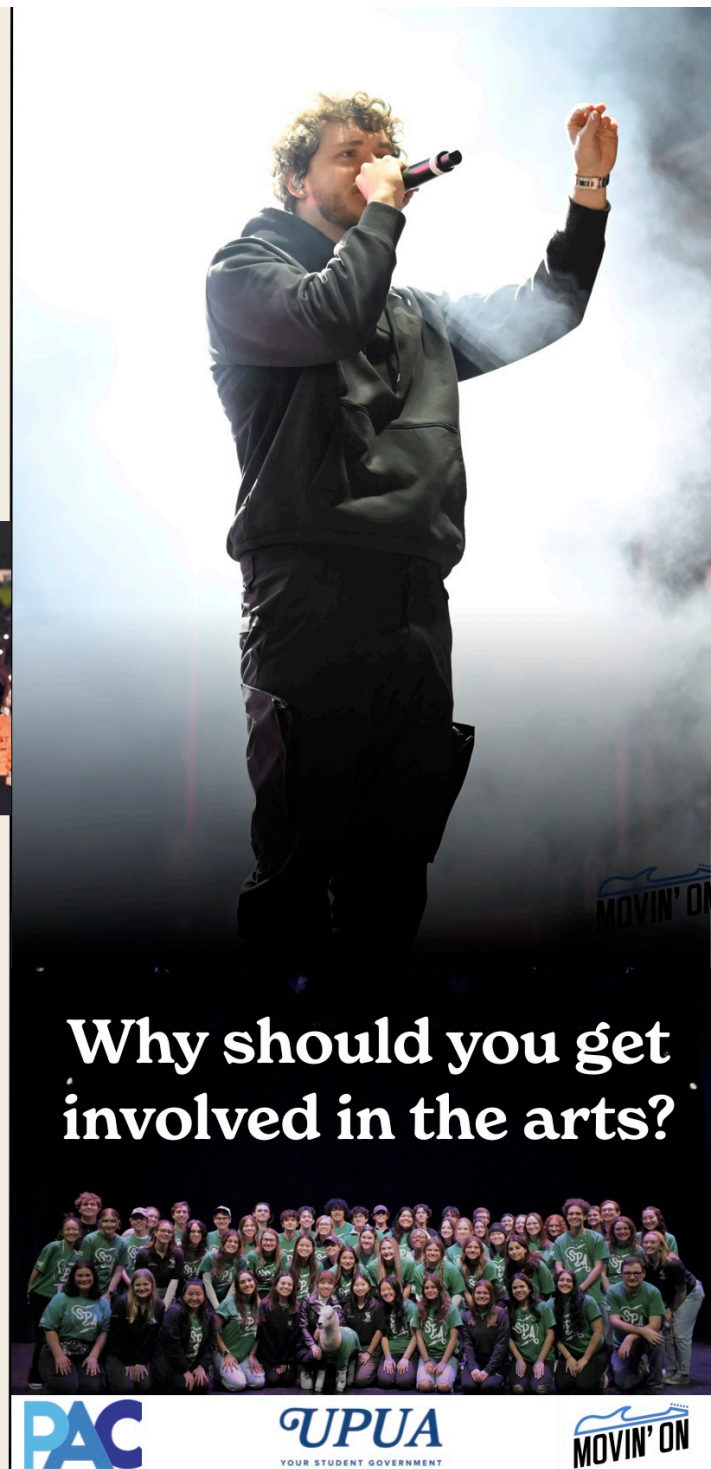


Movin' On

As one of the top 5 largest student-run music festivals in the country, Movin' On provides a free music festival on the last day of classes in the spring semester. Since its inception in 1975, Movin' On has remained true to its roots by providing a festival with diverse music, exciting events, and community involvement. Movin' On has brought in a wide variety of musical acts including Jack Harlow, Fall Out Boy, Amine, Wiz Khalifa, Judah & The Lion, MGMT, Fitz and the Tantrums, and more.

What spaces/locations can students usually find your organization?: Movin' On's office is located at HUB 220. Movin' On's music festival is located on the IM Fields. Battle is located in Alumni Hall and LightsUP is on HUB lawn.

Movin' On can be found on Instagram, Twitter, and TikTok @psumovinon. Our website is www.movinon.org.



Why should you get involved in the arts?



Asian Undergraduate Student Association

Mission

The Asian Undergraduate Student Association aims to give back to the Asian community at the Pennsylvania State University by creating opportunities to achieve a higher sense of cultural and social awareness. We serve as a voice for and support the cultural and social interests of students with Asian Pacific heritage as well as transcend social borders and foster relationships with other groups on campus through community interactions

Resources Available

You can contact any officer and check out our linktree to see what social medias we are active on and if you have any other questions. We want to offer a warm and welcoming space for all asian groups at PSU

Past Events

game nights, food/boba socials, bowling, laser tag, ice skating, and many more social events!

Upcoming Events

- First meeting on August 25th
- Annual BBQ on August 26th

How to Get Involved

Join our discord server or follow our instagram to get updates on upcoming events and meetings. All of our links is on linktree found on our instagram @psuausa anyone and everyone interested can join and make new friends

Social Media

instagram - @psuausa

Belly Dance Club

Mission

To provide a safe space for people to dance and learn about belly dancing and the history of it.

Past Events

We performed in Touch of Africa last spring semester and We Are the World event

Upcoming Events

We will be having an Egyptian night where we will learn about traditional belly dancing and where it comes from

How to Get Involved

Contact us on Instagram @bellydance_psu or OrgCentral

Social Media

instagram - @bellydance_psu

Black Caucus

Mission

The Penn State Student Black Caucus serves as an umbrella organization for all the minority students, student organizations and student groups on campus.

We promote and protect the safety and wellbeing of African American students and provide, educate, bring awareness, and serve the overarching minority community through social and political means.

What We Do

Sankofa (discussions), Ashe Awards, Black Leadership Council, The Drum Magazine and more!

Social Media

Linktree: <https://linktr.ee/blackcaucus>

Instagram @psublackcaucus

BLUE & WHITE SOCIETY

Join

Who are we? WE ARE the student membership of the Penn State Alumni Association



Perks of joining: 10% off at the PSU bookstore, bus trips to major cities like NYC & Pittsburgh, connect with students and alumni, and MORE!



JOIN HERE

What do we do? Host fun events on campus, engage with notable alumni, raise money for THON, and provide the ULTIMATE PENN STATE EXPERIENCE!



Apply for our Programming Board and become a student leader!

Preparing and connecting Penn State students for their future.

Career Services coaches and prepares students for the workplace by providing a wide variety of comprehensive services, bringing employers to campus, and providing opportunities to connect.

STUDENT SERVICES

- Major and career counseling
- On-campus interviews and prep
- Resume reviews
- Career courses
- Career resources
- Internship and job search help
- Career programs and workshops
- Internship and job postings
- Graduate school prep

EMPLOYER SERVICES

- Career fairs
- On-campus interviewing
- Internship and job postings
- Student organization networking
- Engagement management
- Networking events
- Sponsorship opportunities
- Faculty and staff networking

DROP-IN SUPPORT

No appointment necessary

Monday thru Friday
10:00 a.m. - 4:00 p.m.

CONTACT US

General Questions

814-865-2377
askcs@psu.edu

Recruiting & Employer Engagement

814-863-0225
careerfairs@psu.edu
interviewing@psu.edu

Career Programming

814-865-4630
careerworkshops@psu.edu

Alumni Career Services

814-865-5465
alumnicareer@psu.edu

studentaffairs.psu.edu/career

The Center for Sexual and Gender Diversity

WELCOMES NEW STUDENTS!



Stop by the Center for a safe space to study, socialize, and have your questions about Penn State's LGBTQ+ resources answered!

**Monday - Friday
in HUB LL011**

 814-863-1248  studentaffairs.psu.edu/CSGD

 lgbtq@psu.edu   @PennStateLGBTQ



PennState
Student Affairs

Center for Sexual
and Gender Diversity



CAPS

COUNSELING AND PSYCHOLOGICAL SERVICES

CAPS is the primary mental health provider for Penn State students at the University Park campus and distributes university-wide mental health resources to all Penn State campuses. As a comprehensive counseling center, CAPS provides a full range of short-term clinical services, consultation, community education, & training of mental health practitioners. Our mission is to support students' mental health and well-being as they pursue their academic and career goals.



ALL ARE WELCOME

WHY CAPS?

- To speak to someone confidentially
- Changes in sleep, appetite, ability to concentrate, or mood and your usual coping methods are not working
- When you can't get yourself to go to classes or are considering leaving school
- When your thinking or daily functioning is significantly impaired
- After a traumatic experience, such as death of someone close to you, sexual or physical assault, or substance abuse
- When you are concerned about a friend

WHAT TO EXPECT

- Most services are free to full-time students
- CAPS is a short-term counseling agency; however, many therapy groups are long-term treatment options
- CAPS will help refer and connect you to other community providers and resources that can best support your specialized needs

HOW TO GET STARTED

Drop-in services do not require an appointment. For all other services, call CAPS. You will be scheduled for a 15-minute phone appointment as soon as possible, where you will discuss your needs with a CAPS clinician who will recommend next steps.



OPTIONS & SERVICES

DROP-IN CONVENIENCE

- CAPS Chat
- Life Hacks
- WellTrack Boost
- Drop-in Support Groups

RAPID RESPONSE SERVICES

- Consultation with clinicians about students of concern
- Assessment & intervention for urgent situations
- Response & support for critical events in the community

TREATMENT OPTIONS

- Long-Term Group Counseling
- Skills-Based Clinics
- Short-Term Individual Counseling
- Psychiatric Services
- Case Management & Referrals

HOURS & CONTACT

Location: 501 Student Health Center

Phone: 814-863-0395

Hours: Monday-Friday, 8:00 a.m.-5:00 p.m.

24/7 Penn State Crisis Line: 877-229-6400

24/7 Crisis Text Line: Text LIONS to 741741



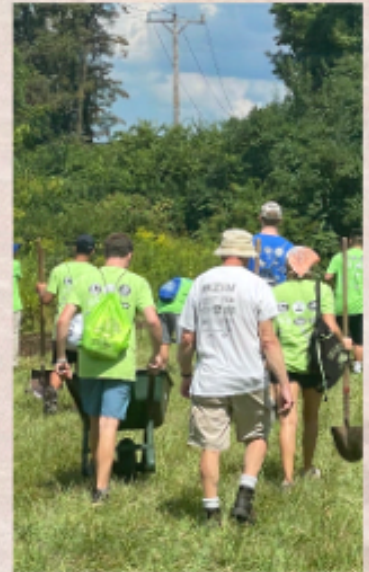
PennState
Student Affairs

Counseling and
Psychological Services

BREAKING NEWS



PARTICIPATE IN A DAY OF SERVICE AND VOLUNTEER!



FRESHSTART 2023 DAY OF SERVICE IS ON AUGUST 26TH 2023!

What is FreshStart?

A day of service that many Penn State students,, mainly first years, come together to participate in helping the community. There are several service venues ranging from creating food packages for those in need to cleaning mats for THON! It is a day where you are put in a group and have leaders cheer you on while you do good for the community as well as meet new people, see entertainment acts done by other Penn Staters, receive a free meal and snacks, and get some cool prizes after a long day of hard work! **JOIN FRESHSTART 2023!**

Join Freshstart, there are limited spaces and it is first come first serve, so sign up asap to guarantee your spot!

CHECK OUT OUR LINKTREE TO LEARN MORE AND FOLLOW US ON INSTA @PSUFRESHSTART



WHERE? BEGINS AT THE HUB IN ALUMNI HALL! 8:30AM TO 4PM!
WHEN? SATURDAY, AUGUST 26TH 2023
WHY? TO MEET FRIENDS AND DO GOOD FOR THE COMMUNITY!

Gender Equity Center (GenEq)

222U Boucke Building - (814) 863-2027
Monday through Friday 8:00 a.m. - 5:00 p.m.



SURVIVOR SUPPORT

GenEq supports all survivors and secondary survivors (friends/roommates) of sexual violence, dating/domestic violence, harassment, and stalking.

CONFIDENTIAL

All services provided by the Gender Equity Center are confidential, meaning we are not required to report situations of violence and harassment to the University .

EDUCATION/EVENTS

The Gender Equity Center presents to classes, orgs/clubs, and other groups on topics related to power-based violence. We also host events, campaigns, and speakers throughout the year.

It's on us
Penn State
to prevent sexual violence.



PennState
Student Affairs

Gender Equity
Center



Welcome Class of 2027!

"THE MISSION OF PENN STATE HOMECOMING IS TO CELEBRATE TRADITION AND INSTILL PRIDE IN ALL MEMBERS OF THE PENN STATE FAMILY THROUGH ACTIVE ENGAGEMENT OF STUDENTS, ALUMNI, FACULTY AND STAFF ACROSS THE COMMUNITY."

FIRST-YEAR INVOLVEMENT COMMITTEE

THE FIRST-YEAR INVOLVEMENT COMMITTEE IS SELECTED IN THE FALL, AND IS A WAY FOR FIRST-YEAR STUDENTS TO GET INVOLVED IMMEDIATELY UPON COMING TO PENN STATE. YOU WILL BE ABLE TO HELP PLAN THE WEEK-LONG HOMECOMING CELEBRATION AND GET TO MAKE FRIENDS WHILE DOING IT. THIS COMMITTEE ASSISTS THE UNIVERSITY RELATIONS CAPTAINS, THEY HELP PROMOTE DIFFERENT EVENTS THROUGHOUT HOMECOMING WEEK, AND WILL EVEN GET TO WALK IN THE HOMECOMING PARADE! APPLY ON OUR WEBSITE!



PENN STATE® HOMECOMING 2023

JOIN US FOR OUR HOMECOMING WEEK EVENTS!

OCTOBER 8-14, 2023

SUN OCT 8: HOMECOMING GOLF TOURNAMENT

MON OCT 9: ALLEN STREET JAM

TUE OCT 10: PAST 2 PRESENT AND THE FOR THE GLORY TALENT SHOW

WED OCT 11: BEST OF PENN STATE CARNIVAL AND DRAG SHOW

THU OCT 12: PRCC POC PEP RALLY

FRI OCT 13: HOMECOMING PARADE

SAT OCT 14: HOMECOMING FOOTBALL GAME VS UMASS

FOR MORE INFORMATION:



HOMECOMING@PSU.EDU



HOMECOMING.PSU.EDU



[@PSUHOMECOMING](https://www.instagram.com/PSUHOMECOMING)



[PENN STATE HOMECOMING](https://www.facebook.com/PENN STATE HOMECOMING)



Penn State
HOMECOMING

IM Sports

Mission

- The Intramural Sports Program offers a variety of team and individual sports competitions designed to meet the social and competitive needs of students, faculty, and staff.
- We want to provide the opportunity to participate in a variety of competitive recreational sports in a safe environment, promote and provide quality service, facilities, and equipment, and to facilitate the opportunity for enjoyable experiences

How to Register

Any student, faculty, or staff interested in participating must go to www.IMLeagues.com/PSU to create or join a team. Be sure to read the description for each sport and league before creating a team.

Social Media

email - imsports@psu.edu

Instagram @pennstaterec

Interfraternity Council (IFC)

Mission

To ensure the safety and success of all IFC chapter at Penn State.

We value and promote chapters' academic achievements, philanthropic efforts, community involvement, and Penn State pride.

Resources Available

IFC is the governing body for most of the social fraternities at PSU. Joining a fraternity gives you an opportunity to find brotherhood, make friends for life, attend social events, volunteer for the community, improve your GPA, and gain leadership experience.

Past Events

IFC chapters heavily participate in THON, host several community events, have weekly social events, an

Upcoming Events

Come by Greek Fall Kickoff and register for Fall Recruitment!

How to Get Involved

Attend an IFC involvement event such as Greek Fall Kickoff or Recruitment Orientation

Social Media

IFC website - pennstateifc.org

Instagram - @pennstateifc

Latino Caucus

President: Samantha Escobar **VP of University Relations:** Shannon Sager sbs6075@psu.edu

Our Mission:

“Latino Caucus strives to positively represent the Latino community through academic achievement, cultural awareness, and political advocacy. As the umbrella organization of all Latino organizations on campus, we work towards building Latino unity with the Latino organizations and strong alliances with other organizations that fall parallel to Latino Caucus's ideals and foundations.”

What Resources are Available?

Within our organization, we want to connect our students to the necessary resources. We work with the Multicultural Resource Center (MRC) and Paul Robenson Cultural Center (PRCC), as well as have a relationship with delegate organizations.

How Can a Student Get Involved?

The easiest way to get involved is to simply come to an event! We post all our events on our Instagram page, @psulatinocaucus. Don't be afraid to introduce yourself if you see someone wearing LC merch! Another way to get involved in LC is through a delegate org. Our main goal is to unify the Latino community, but no matter who you are or where you come from, you have a home at LC.

What are past events that you have held or would like to highlight?

Our first event of the semester is Latinx Orientation in which we host a small fair for students to get to learn about one of our 18 delegate organizations. This is one of our most important events because it introduces our organization(s) to the first-year students.

The biggest event we host takes place at the end of the spring semester called Noche Latina. This is our keynote event which celebrates the diversity of our community through a pageant-like event where each contestant showcases their own culture.

Another popular event is our Café Con Leche series, in which we get together and drink coffee while discussing various topics within our community and society.

Are there any upcoming events that you would like students to know?

On Tuesday, August 29th from 4pm-8pm there will be Latinx Orientation. Here you can meet representatives from delegate orgs and meet the LC Eboard, as well as learn about the many resources on campus. Tuesday, September 5th 6pm-7pm will be our First GBM in HHD 005. Tuesday, September from 19th 6pm-7pm in Willard 060 will be our First Café Con Leche!

Social Media Handles

Instagram: @psulatinocaucus



the **LION'S PANTRY**

The Official On-Campus Student Food Pantry at
Penn State University Park Campus

ABOUT THE PANTRY

The Lion's Pantry has proudly served the Penn State community since 2014 as both a student-created and student-led organization. Every student with a valid Penn State ID can access The Lion's Pantry services at its main location off Big Hollow Rd or through Cub Pantries.

Cub Pantries serve as partners to The Lion's Pantry by providing easy access to food and supplies in university buildings across campus.


GET INVOLVED


- Students serve as Lion's Pantry Managers, Student Interns, Sunday Workday Volunteers and more!
- Donate non-perishable, unopened and unexpired food and household items.
- Host a food drive through your student organization.
- Make a charitable monetary donation to the Pantry.
- Donate your time through volunteer opportunities and awareness events.

OUR MISSION

To address and mitigate student food insecurity at the Penn State University Park campus, providing food and other resources directly to students.

CONTACT US

 @psulionspantry

 @lionspantry

 thelionspantry.psu.edu/

MIDDLE EASTERN & NORTH AFRICAN CAUCUS



What we do

- Foster community within the MENA student body at University Park.
- Create a sense of belonging for members through guidance and mentorship from upperclassmen.
- Nourish the career development of MENA students through resume workshops, 1:1 sessions with execs, etc.
- Advocate for the Middle Eastern and North African population on campus as the umbrella organization for this minority group through our community seat within the student government (UPUA).

Resources we offer

- Increased visibility for MENA students and organizations
- Leadership opportunities and career development
- Social events
- Yearly flagship event showcasing all the different cultures and countries of the Middle East

Upcoming Events

- Picnic @ international market, August 24, 5-8PM
- Bellydancing lessons and concert with the Belly Dancing Club, August 25, 5-7PM @ BBH TBD
- MENA Caucus Formal, November 11

Organizations in the MENA Caucus

- Belly Dancing Club
- Egyptian Student Association

Follow our Instagram for more information!
[@psumenacausus](#)



Multicultural Greek Council

Mission

We oversee the 8 Multicultural Greek chapters and promotes the prosperity and unity of these cultures. We serve as a platform to empower these communities and provide these students with the resources needed to further educate the Penn state community on multiculturalism.

Social Media

Instagram: @MGCPennState



Multicultural Resource Center

We Are! Your advocates | Your familia | Your champions

The MRC provides individual college counseling, coaching, mentorship, and educational services to help students manage and enhance their Penn State experiences.

We *Inform* • *Prepare* • *Empower* • *Support* **You** through your college experiences!

Academic Success

- Study and test-taking skills
- Self/time management
- Tutoring
- Transition course

MRC facilitates your...

Engagement with Educational Opportunities and Resources

- Answers to financial aid questions
- Major/Career development
- Wellness and health
- Educational opportunities
- Personal development and goal-setting

Opportunities to Establish Relationships

Affinity discussion groups

- Biracial and multiracial
- Black and Latino Males
- Women of Color

Leadership groups

- Latinx Leadership Institute
- Student Leadership Council

Communal/study spaces



Panhellenic Council

Mission

- Our mission is to provide leadership, sisterhood, scholarship, and service to the Penn State Greek community as well as the community at large in order to aid in the personal growth of Nittany Lion women.
- We are the governing body for Penn State's 20 inter/national sorority chapters.
- We work throughout the year to organize events of common interest to the more than 4,000 women that belong to our chapters

Events

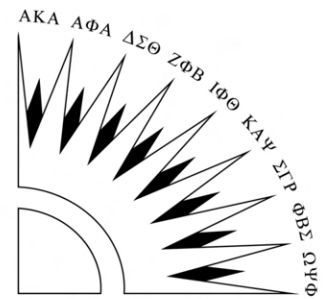
Resume workshops, straight talks, self-defense seminars, community service projects, Panhellenic pride week in the fall, and women's empowerment week in spring

Social Media

website - <http://pennstatephc.org/>

Facebook - @pennstatepanhelleniccouncil

PENN STATE NATIONAL PAN-HELLENIC COUNCIL



"The National Pan-Hellenic Council (NPHC) is an organization that facilitates the collaborative agenda of its affiliate organizations. The National Pan-Hellenic Council shall serve as the official coordinating agent of the nine (9) constituent member Greek-letter fraternities and sororities at The Pennsylvania State University. It shall further their national programs and promote unity on college and university campuses."



Who We Are

The governing body of nine historically African-American sororities and fraternities:

- Alpha Phi Alpha Fraternity, Inc.
- Alpha Kappa Alpha Sorority, Inc.
- Kappa Alpha Psi Fraternity, Inc.
- Omega Psi Phi Fraternity, Inc.
- Delta Sigma Theta Sorority, Inc.
- Phi Beta Sigma Fraternity, Inc.
- Zeta Phi Beta Sorority, Inc.
- Sigma Gamma Rho Sorority, Inc.
- Iota Phi Theta Fraternity, Inc.

What We Do

Chartered at Penn State in 1989, the PSU NPHC has been committed to preserving our culture and engaging the community through service and programs, including:

- NSBE x NPHC Cookout**
- Clothing/Food Donation Drives**
- Meet the Greeks**
- NPHC Yard Show**

In addition to the programs hosted by our individual organizations!

Connect
with Us!



pennstatenphc@gmail.com



[@pennstatenphc](https://www.instagram.com/pennstatenphc)

WE ARE PENN STATE CHOIRS

Different Stories, One Voice

FOLLOW US ON INSTAGRAM:

**CONCERT CHOIR
@PSUCONCERTCHOIR**



**GLEE CLUB
@PSUGLEECLUB**

**ORIANA SINGERS
@ORIANASINGERSPSU**

**UNIVERSITY CHOIR
@PSU_CHOIR**

**ESSENCE OF JOY
@PSUESSENCEOFJOY**

Audition Sign Up Form:



**SCHOOL OF
MUSIC**

Performing Arts Council

Mission

The Penn State Student Performing Arts Council (PAC), started as a group of students who wanted to break down the walls between performing arts organizations and promote cooperation and collaboration to further the mission of each individual organization and of performing arts in general at Penn State.

Resources Available

We can connect students with the arts group right for them!

website: <https://www.psuperformingartscouncil.com/>

email: psuperformingartscouncil@gmail.com.

Past Events

- A Cappella Sampler
- Dance Competition

Upcoming Events

Arts Involvement Fair:

August 31st, Heritage Hall 12-3pm!

Students can meet reps from individual performance orgs!

How to Get Involved

We represent over 40+ performing arts groups at University Park. By connecting with PAC, students can find a second family in an org whether their interest is A Cappella, Dance, Writing, or Theatre! We suggest any of our orgs for students to join or more than one!

Additional Information

Though we are an umbrella org we are incredibly hands on and approachable so if you ever have any questions, suggestions, or requests don't hesitate to reach out to us!

Social Media

instagram - @pennstatepac

Paul Robeson Cultural Center (PRCC)

1. Name of organization

Paul Robeson Cultural Center (PRCC)

2. Contact(s) information

To learn more about the Paul Robeson Cultural Center at Penn State and how to get involved, please visit our website: <https://studentaffairs.psu.edu/cultural>. For any inquiries, please feel free to contact us at prcc@psu.edu or 814-865-3776. Follow us on Twitter (@PSUPRCC), Facebook (PSU.PRCC), & Instagram (PSUPRCC)

3. What is the mission of your organization?

The Paul Robeson Cultural Center (PRCC) is a space open to all Penn Staters to find community, support, develop leadership skills, and learn about diversity and social justice. The Cultural Center seeks to make true the mission of the institution by serving students in the development of character, conscience, and social responsibility through fostering identity development, social justice, and inclusion.

4. What resources are available?

Cultural Enrichment & Community Support

Cultural enrichment programs provide opportunities for students, faculty, staff, and the community to experience the practice, celebration, and demonstration of culture through a variety of performances, presentations, visual performing arts as well as social and entertainment events.

Social Justice & Signature Programming

Social justice is the idea of creating a society based on the belief of equality and the understanding and value of human and civil rights. The Paul Robeson Cultural Center provides students with a variety of signature opportunities to discuss issues of injustice around race in the United States. The various initiatives offered by the PRCC let students explore their own cultural narratives and experiences and how it connects to others, our collective communities, and inequity. These initiatives are focused on action planning and community change – hopefully instilling principles of inclusive leadership for a post-Penn State impact on our students. Below are some of the signatures offered:

- The Stoop (Fall)
- Pride in Our Community (P.O.C.) Pep Rally (Fall/Spring)
- PRCC Annual Birthday Bash (Spring)

- Social Justice Series (Fall/Spring)
- Women Empowerment Symposium (Spring)

Identity Development & Community Building

The Identity Development series consists of speakers, open forums, and workshops to help students understand and develop a greater sense of the complexity related to their identity and ultimately how these experiences assist them in forming and finding community.

The PRCC also sponsors the BLUEprint peer mentoring organization. BLUEprint promotes academic, social, and cultural enrichment through peer-to-peer mentoring.

Program Co-sponsorship

Through our commitment to providing and supporting avenues for cultural education, the Paul Robeson Cultural Center invites student organizations and groups to submit a proposal for program co-sponsorship. These programs vary each year; however, they serve as a direct voice for students to engage in collective action and community organizing.

5. How can a student get involved?

The PRCC provides **programs and support services** to encourage and cultivate the appreciation and celebration of the diverse perspectives, experiences, and cultures of many under-represented communities at Penn State.

The Paul Robeson Cultural Center is a space open to all Penn Staters to find community, support, develop leadership skills, and learn about diversity and social justice. It's open Monday through Friday. We encourage students to **stop in anytime** the center is open to interact with peers and center staff.

We regularly host activities, such as Fun Friday (food, music, etc.), discussion groups, game tournaments (connect four, chess, spades, etc.), movie days, and more. The PRCC also sponsors **BLUEprint** peer mentoring organization. BLUEprint promotes, academic, social, cultural enrichment thru peer-to-peer mentoring. **We encourage students to attend our programs and events, including speakers and open forums.**

6. Are there any upcoming events that you would like students to know?

- September 22nd, 12 - 3 pm. First Fun Friday of the semester. We welcome students to stop by the PRCC to enjoy free food, drinks, and music!
- September 22nd, 3 – 5 pm. Equity & Inclusion Fall Carnival. HUB Lawn
- October 12th, 5 - 7 pm. P.O.C. Pep Rally. We welcome students to come by the Hub Staircase to enjoy music, performances, and the energy of our student body!

- October 20th, 12 – 3 pm. Second Fun Friday. We welcome students to stop by the PRCC to enjoy free food, drinks, and music!
- November 2nd, 6 – 8 pm. The 15th Annual STOOP at The Flex Theater. STOOP will feature song, poetry, dance, and much more. Interested students can apply to participate in STOOP as a performer.
- December 8th, 12 -3 pm. Fun Friday. We welcome students to stop by the PRCC to enjoy free food, drinks, and music!

7. Social media handles



@PSUPRCC @psu.prcc @psuprcc

8. PRCC's Staff

- Evan Williams, DIRECTOR
He, him, his pronouns
edw13@psu.edu
- Marynes Castillo, ASSISTANT DIRECTOR
She, her, hers pronouns
mzc48@psu.edu
- A.B. Bejar, SIGNATURE PROGRAMS COORDINATOR
They, them, theirs pronouns
apb6828@psu.edu
- Demarcus Harmon, BLUEPRINT PROGRAM COORDINATOR
He, him, his pronouns
dvh5728@psu.edu
- Cecil Houseknecht, OFFICE MANAGER
He, him, his pronouns
cfh5332@psu.edu

State of State

Mission

State of State is an organization dedicated to fostering important dialogue around pressing issues within Penn State and the surrounding State College community. Our goal is that through engaging in discussions with our peers these matters, we can create ways of actionable change.

Resources Available

We provide a platform for student voices and experiences within the Penn State community.

Past Events

State of State holds an annual conference each spring which entails student, alumni, and faculty speakers presenting on issues they find pressing to the community at wide. During the second half of the conference, we hold deliberations about the topics spoken about and identify our call to action—what is within our power to do about we just heard.

Upcoming Events

Tuesday, September 5th, will be our first meeting at 7pm in Thomas 209.

How to Get Involved

Follow us on Instagram @stateofstatepsu and stay tuned for updates about our organization, as well as attend our first meeting Tuesday, September 5th, at 7pm in Thomas 209!

Social Media

instagram @stateofstatepsu
tiktok @stateofstatepsu

Student Disability Resource (SDR)

Mission

- (a) ensure equal access and provide reasonable academic accommodations to students with disabilities in accordance with applicable federal laws
- (b) eliminate disability-related barriers to educational pursuits
- (c) bolster sense of belonging in and to higher education among students with disabilities.

Resources Available

SDR provides reasonable academic accommodations for undergraduate or graduate programs; a testing center for select student testing accommodations; a student center for studying or socializing; student-led peer groups; academic and wellness workshops; and in-house resource connections with Career Services and CAPS representatives.

Upcoming Events

Two student-led peer groups will continue this fall, including Finding Community for students identifying as neurodiverse and Finding Common Ground for students with chronic illnesses. Check out SDR's Calendar of Events for these programs and more as they are scheduled:

<http://equity.psu.edu/student-disability-resources/events>.

Additional Information

SDR's student center in 101/102 Boucke is currently being renovated with an anticipated completion date of October 1, 2023. SDR is excited to introduce students to the new and improved center when it reopens.

How to Get Involved

Call SDR at (814) 863-1807 to schedule an appointment to discuss possible academic accommodations.

Contact Information

116 Bouke Building
upsdr@psu.edu
(814) 863 -1807
equity.psu.edu/sdr

Social Media

@psudisabilityresources

Student Programming Association (SPA)

Mission

A student-run organization that exists to serve the student body by providing diverse activities, programming, and resources for Penn State students.

Past Events

- lectures with Jeanette McCurdy and Ross Lynch
- Drag shows with Trixie Mattel and Jujubee
- SPA Day - a HUB takeover with fun activities
- Remi Wolf, Dominic Fike, and Kyle concerts
- Together We Are - a community celebration of culture and identity at Penn State.

Upcoming Events

Lights Up is a collaborative event with Movin' On. It will take place August 25, on the HUB lawn. There will be various activities and events throughout the day leading up to a concert at night. More information can be found on our social medias.

Social Media

Instagram - @PSUSPA

TikTok - @PSUSPA

Twitter - @PSUSPA

Facebook - Penn State's Student Programming
Association (SPA)



Apply to be a THON Committee Member!

Joining a THON Committee is a great way to get involved with the **largest student-run philanthropy in the world!** As Committee Member, you will be joining an organization of 16,500 other Penn State students. There are 13 different committees you could be placed on as a Committee Member. Each one plays a different, yet integral role in THON's mission of supporting families impacted by childhood cancer. For more information on the Committee Member experience, join us at **THON Involvement Night on September 11 and 12!**

THON 2024 Committee Member Application Timeline

- ❖ 9/4/23: Committee Member Application Opens
- ❖ 9/11/23: THON Involvement Night (in-person)
 - 7:30pm in Thomas 100
- ❖ 9/12/23: THON Involvement Night (virtual)
 - 7:00pm on Zoom
- ❖ 9/14/23: Committee Member Application Closes
- ❖ 9/25-9/29/23: Committee Member Interviews
- ❖ 10/1/23: Committee Members Announced!



Learn more about each
THON Committee here!

The Committee Member Application can be accessed by logging into think.THON.org using your Penn State Email. Once logged in, click the "Applications" tab on the left side of the screen.

Reach out to the Communication Director, Bobby McLuckey, at communications@thon.org with any questions about becoming involved with THON!



THON
DONATE.THON.ORG

Together, we can make an impact on the lives of children impacted by childhood cancer!

APPLICATION NOW OPEN!

FYC

The First-Year Council is a select group of first-year students at University Park, giving them an amazing opportunity to peek behind the curtains of the student government and form genuine connections with the experienced UPUA upperclassmen.

So, how do they get in?

Well, interested students need to apply and go through an interview process, and those selected are the ones who really shine with their leadership abilities, strong communication skills, and a real passion for making student life better on campus.

Once you're in!

These lucky students become regular attendees of the weekly meetings, including the fun General Assembly sessions and get-togethers with the entire FYC gang. It's a fantastic way to learn, grow, and contribute to the university community while having a great time doing it!

 www.UPUA.org

 [@UPUA](https://www.instagram.com/UPUA)



ATHLETICS

Penn State Athletics Official Athletics Website

<https://gopsusports.com/>

Men's Basketball

instagram - @pennstatembb

Women's Basketball

instagram - @pennstatewbb

Cheer Team

instagram - @psucheerleading

Men's Lacrosse

instagram - @pennstatemlax

Women's Lacrosse

instagram - @psuwclax

Football

instagram - @pennstatefball

ATHLETICS

Men's Hockey

instagram - @pennstatemhky

Women's Hockey

instagram - @pennstatewhky

Women's Volleyball

instagram - @pennstatevball

Wrestling

instagram - @pennstatewrest

Lionettes

Mission

serve as an ambassador for Penn State, model a positive image, and promote spirit at athletic and charity events

Contact

For more information about the Lionettes Dance Team, please contact Jesse Hernandez at jehpsulionettes@gmail.com.

Social Medias

instagram - @psulionettes

facebook - @PennStateLionettesDanceTeam

Athletic's Student Sections

Nittanyville

A student run organization that camps outside of Beaver Stadium before Penn State home football games
website - <https://nittanyville.wixsite.com/ville>
Instagram/Twitter/Facebook - @NittanyvillePSU

Legion Of Blue

Penn State Basketball Student Section

Twitter - @LegionofBluePSU

Facebook - @LegionofBlue

wRecking Crew

Penn State Volleyball Student Section

Twitter/Instagram/Facebook - @PSUwRECKingCrew

RECKoning

Penn State Wrestling Student Section

Twitter- @TheRECKoningPSU

Roar Zone

Penn State Hockey Student Section

Twitter/Facebook - @TheRoarZone

We hope this packet was helpful! These are just a few of the various resources, clubs, and organizations offered at Penn State!

For more information

- Attend Fall 2023 Involvement Fair on Wednesday, August 23, 2023 on HUB-Robeson Center Lawn from 1:00pm-5:00pm
- Go to studentaffairs.psu.edu



LION AMBASSADORS
PENN STATE STUDENT ALUMNI CORPS



**PennState
Alumni Association**